

# Activate Your Success DNA

## Exercise Who Are You as a Success?

How would you describe yourself now and rate yourself on a scale of 0-10 as successful?

Emotionally

In business

As a good communicator

Flexible

Able to get results

Chaotic

Organized

Mentally

Isolate yourself

Socially

Others like you

You like others

Big vision person

Good detail person

Take Action Easily

Procrastinate

Physically

Add other qualities you see as valuable...

## Part 2

How / what would you like to change, improve or remove?

Write out a description or list of what you'd like to be that you are not or that you would like to be instead.

Also who inspires you and what qualities do they have that you would like?

Form your list and then make commands – Commanding that this is so for you now and go through the 6-step Command process. Notice how you feel about you and your success after making your commands.

You can also rate yourself again and see how the numbers have changed.